

I CLAIM:

1. A shoe sole comprising:
a heel portion and a front portion, and
a resilient cushioning device engaged in said heel portion of
5 said shoe sole for cushioning heel portions of users,
said resilient cushioning device including a first and a second
frame members cross to each other to form an X-shape structure as
seen from side portion of said resilient cushioning device, said first
frame member and said second frame member each including an
10 inclined structure having a front portion and a rear portion, said rear
portion of said first frame member being located above said rear
portion of said second frame member, and said front portion of said
first frame member being located below said front portion of said
second frame member, and
15 said rear portion of said first frame member and said front
portion of said second frame member being suspended in said shoe
sole, and including a resilience to cushion and support the heel
portions of the users.
2. The shoe sole as claimed in claim 1, wherein said front
20 portion of said second frame member includes an opening formed
therein, said front portion of said first frame member is extended
through said opening of said second frame member.
3. The shoe sole as claimed in claim 2, wherein said front
portion of said second frame member includes two legs and a bar to
25 form and define said opening thereof.
4. The shoe sole as claimed in claim 1, wherein said second
frame member includes at least one arm extended therefrom and

engaged with said rear portion of said first frame member, to support said rear portion of said first frame member.

5 5. The shoe sole as claimed in claim 1, wherein said at least one arm of said second frame member includes at least one projection extended therefrom, said rear portion of said first frame member includes at least one cavity formed therein to receive said at least one projection of said at least one arm of said second frame member.

10 6. The shoe sole as claimed in claim 1 further comprising a resilient member engaged between said rear portions of said first frame member and said second frame member, to cushion said rear portion of said first frame member.

15 7. The shoe sole as claimed in claim 1 further comprising a resilient member engaged between said front portions of said first frame member and said second frame member, to cushion said front portion of said second frame member.

 8. The shoe sole as claimed in claim 7, wherein said front portion of said first frame member includes a seat provided thereon to receive and support said resilient member.

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